



# Substance Abuse Counseling Supervision Requirements

## Cheat Sheet

### Supervised Work Experience

#### Definition

Means practicing substance abuse counseling (paid or voluntary basis) under direct supervision and while receiving clinical supervision.

R4-6-101(50)

#### REQUIREMENTS

- No less than 24 months
- 1600 hours of direct client contact involving the use of psychotherapy related to substance use disorder & addiction issues
- No more than 400 hours of psychoeducation

R4-6-705

### Clinical Supervision

#### Definition

Means direction/oversight (face to face, videoconference, or telephone) by a qualified individual to evaluate, guide, and direct all behavioral health services. To develop and improve the necessary knowledge, skills, techniques, and abilities, allowing the licensee to engage safely, and competently in the practice of behavioral health.

R4-6-101(11)

#### REQUIREMENTS

- At least 50 hours supervised by:
  - LISAC; or
  - Independently licensed professional who:
    - Provides evidence of knowledge and experience in substance use disorder treatment; and
    - Approved by ARC or designee
- Supervisor may be exempt under R4-6-212.01
- Remaining hours by an individual qualified under R4-6-212(A)
- Individual clinical supervision: At least 25 hours
- Group of 2 supervisees: No more than 75 hours
- Group of 3-6 supervisees: No more than 50 hours
- 10 hours of direct observation

R4-6-706, R4-6-212(E)(G)

Supervisor must meet requirements in R4-6-212